

WHAT IS CLAIMED IS:

1. A silicone-rubber plate used in an oven, said plate comprising a projecting circumferential edge, a metal bar contained in said circumferential edge; said plate not disfiguring when it is held up by a user  
5 and keeping its flat shape so as to prevent soup in said plate from overflowing and to maintain intact the appearance of baked food placed on said plate and also to hamper food thereon from falling off.

2. A silicone-rubber plate used in an oven, said plate comprising a projecting circumferential edge, said circumferential edge having an inlet,  
10 a metal bar inserted through said inlet to extend lengthwise in the interior of said circumferential edge; said plate not disfiguring and able to maintain its flat shape so as to prevent soup in said disc oven from overflowing and also to keep intact the appearance of the hood baked on said disc oven and also to hamper food from falling off when said plate is  
15 held up.

3. A silicone-rubber plate used in an oven, said plate comprising at least two pairs of upper ears and of lower ears provided on an outer vertical circumferential surface, each said upper and lower ear having a through hole; said plate further having at least two support bars crossing  
20 each other, said support bars propping a lower side of said plate and having its two ends inserted securely in said through holes of said upper and said lower ears; said plate not disfiguring so as to maintain intact its flat shape and to prevent soup therein from overflowing and baked food placed on said plate possible to be kept intact and also prevented from  
25 falling off said disc oven when a user holds up said plate.

4. The silicone-rubber plate used in an oven as claimed in Claim 3, wherein each said support bar is U-shaped, having a support area for

propping a lower side of said plate and two combining ends provided respectively with a recess in the intermediate section.

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